The active ingredient in marijuana, THC, can pass to your baby during pregnancy and breastfeeding. Babies exposed to THC can have problems with feeding, paying attention, and learning. You may not see some effects until your child is older.

Protect your children from secondhand smoke by only smoking outside, washing your hands, and changing clothes afterwards because smoke can linger. If you have marijuana products in your home, be sure to keep them locked up and out of reach of your children.

Marijuana can impair your judgment, alertness, and reaction time. You need these skills to drive safely and tend to your baby’s needs.

Marijuana has health risks for you and your baby. Just because it is a plant, does not mean it is safe to use while pregnant or breastfeeding.